

Peninsula Tennis Club Covid-19 Safety Guidelines

Tennis activity will be in line with Federal Government's advised physical distancing, Centers for Disease Control and Prevention, USTA and USPTA recommendations, State, County and City-advised regulations.

As compensation for lost time when the club was closed during the pandemic, upon renewal of membership, PTC will grant 3 additional months of membership for club members.

Measures to protect Club staff and players

- Staff members are instructed to welcome and greet everyone from a distance of 6 feet.
- Staff will be trained in regards to protocols established by the Centers for Disease Control and Prevention (CDC). (<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention-H.pdf>)
- Staff and pros must follow County of San Diego and City of San Diego requirements for face coverings.
- Staff will be trained to recognize and respond to symptoms of COVID-19, according to the CDC (<https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>)
- Members are encouraged to wash their hands before coming to the club.
- Players should not arrive more than 10 minutes before the start of play. No socializing and gathering before or after play.
- Players must wear a face covering when entering the Club (and prior to play).
- Players must bring their own water, ice, towels and beach chair (on-court benches are not available).
- The restroom will be cleaned/disinfected every 2 hours during hours of operation. Touch areas such as door handles, sink, soap and towel dispensers will be sanitized at this time.
- At the check-in desk, queuing distances will be marked off on the floor. A protective "sneeze Guard" shield will be utilized at the desk.
- The counter area at the check-in desk will be cleaned hourly.
- A hand sanitizer station will be available at the check-in desk.
- Players must check in for courts. PTC staff will check each player for required Covid-19 protective gear.

Measures to protect players while on court

(Violation of these measures will result in utilization of PTC 3-strike penalty system. These rules will be posted throughout the facility and distributed to members.)

- Use a gloved hand or other protection to open and close the gate.
- Singles players--Face covering may be removed during play.
- Doubles players--6 feet physical distance from partner must be maintained during play. (No high fives, fist bumps, hand-shaking, etc.)
- Players are encouraged to remain on the same side of the court for the duration of play. (Changing sides can be done if players agree, by walking on opposite sides of net.)
- Avoid proximity when resting. Benches will be taped off; bring a beach chair if you must sit.
- Avoid using your hands to pick up balls; use racquet/foot to pick up balls and hit them back to your opponent, or adjacent courts.
- To avoid contamination, players are encouraged to each use their own balls to

serve.

Measures to protect students and teaching pros

- Large group clinics (4 students or more), suspended until further notice.
- Students are not to arrive early for lesson or clinic, and to depart immediately after completion.
- Signs will be posted on teaching courts to remind all to maintain 6 feet distance.
- Prior to starting each lesson/clinic, pros will advise students of the healthy safety guidelines:
 - No touching of any kind, including high-fives, hand-shaking, fist-bumps, etc.
 - Pros and students must wear protective mask to enter and exit the court.
 - Point-play drills---concede the rally/point rather than invade the space of the partner.
 - Hand touching of tennis balls and other equipment will only be done by the tennis pro. Players can help pick up balls with their racquet or foot, but not with hands.
- Hand sanitizers will be available on teaching courts.
- Students must bring own water/ice/towels.
- Benches will be taped off; bring your own beach chair if necessary.
- Ball mower handles will be wiped down after each lesson/clinic.